My Baby Lock 1/4" Quilting Foot has a guide which make it easier to maintain a consistent seam.



After attaching the 1/4" inch foot make sure your needle is set in the 'center' position.

Select 1 of your 4 1/2" x 8 1/2" print blocks and the coordinating solid measuring 4 1/2" x 8 1/2". Place the right sides together, lining up the long side of the fabric. If you feel more secure placing 2-3 straight pins to hold them in place, feel free to do so.

As you can see in the photo below, the fabric lays right up to the guide and my needle is in the 'center position'. It is not necessary to backstitch at the beginning or ending of the seam.



After completing the seam, it's always a great idea to double-check the width of the seam. As you can see in the photo below, the Baby Lock Foot has not failed me....a perfect 1/4".



In order to "set" the stitches, take the quilt block to the ironing board and **PRESS** the seam while it is lying flat.



Now, it's time to press the seam open so it will be less bulky and more easily matched to other blocks during assembly. Although it seems to take a lot of time to press and press, you'll be glad when it's time to put the blocks together to complete the quilt top.

There are various 'schools of thought' about how to press seams. When I began piecing blocks, I pressed my seam allowances to one side (usually toward the darker fabric). Most recently, I've started pressing them open and I prefer the look of the finished product using this technique. It's the technique we'll use during this quilt-along.

Again.....don't forget to PRESS, NOT iron!!!



Once you've pressed your seam open from the wrong side, flip it over and PRESS the seam from the fabric's right side.



CONGRATULATIONS, your first block is complete! Baby Lock 1/4" Quilting Foot has a guide which make it easier to maintain a consistent seam.